PDS®
Posttraumatic Stress Diagnostic Scale
Profile Report
Edna B. Foa, PhD

ID Number: 7934
Age: 53
Gender: Male
Date Assessed: 23/05/2006
INTRODUCTION

The Posttraumatic Stress Diagnostic Scale (PDS) is designed to aid in the diagnosis of posttraumatic stress disorder based on DSM-IV criteria. The individual's Symptom Severity Score, Number of Symptoms Endorsed, Symptom Severity Rating, and Level of Impairment in Functioning indicate the level of distress he or she is experiencing.

The information in this report must be used in conjunction with professional judgment, taking into account the total context of the instrument's administration and any other pertinent information concerning the individual.

<table>
<thead>
<tr>
<th>PTSD Diagnosis</th>
<th>YES</th>
<th>NO</th>
<th>Incomplete Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Symptom Severity Score</td>
<td>33</td>
<td></td>
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<tr>
<td>Number of Symptoms Endorsed</td>
<td>14</td>
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Symptom Severity Rating: MODERATE TO SEVERE

Level of Impairment in Functioning: SEVERE

<table>
<thead>
<tr>
<th>Was the Criterion Met?</th>
<th>YES</th>
<th>NO</th>
<th>Incomplete Information</th>
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<tbody>
<tr>
<td>DSM-IV Criterion</td>
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<tr>
<td>A: Exposure to a traumatic event</td>
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<tr>
<td>B: Reexperiencing symptoms</td>
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<td></td>
<td></td>
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<tr>
<td>C: Avoidance symptoms</td>
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<td></td>
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<tr>
<td>D: Arousal symptoms</td>
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<td></td>
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<td>E: Symptom duration of 1 month or more</td>
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<td></td>
<td></td>
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<td>F: Distress or impairment in functioning</td>
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PTSD DIAGNOSIS

This individual endorsed items in a manner that is consistent with a *DSM-IV* diagnosis of posttraumatic stress disorder (PTSD). All of the six criteria were met.

The individual omitted 3 test items in Parts 2 through 4 (Items 14-49) of the PDS. It may be helpful to discuss these omissions with him.

DESCRIPTION OF THE TRAUMATIC EVENT

The individual reported experiencing more than one traumatic event, including a serious accident, fire, or explosion; a natural disaster; a non-sexual assault by a stranger; a life-threatening illness; and a non-sexual assault by a family member or someone he knows.

The event that bothered him most at the time of testing was a serious accident, fire, or explosion, which happened six months to three years ago.

During the traumatic event, he was physically injured, his life was in danger, and someone else's life was in danger. He also reported feeling helpless and terrified.

SYMPTOM DESCRIPTION

The individual reported that he has been bothered by the following symptoms for more than three months. According to *DSM-IV*, the specifier "chronic" should be used to describe PTSD symptoms of this duration.

**Reexperiencing Symptoms**

*DSM-IV* requires one or more "reexperiencing" symptoms to be endorsed. The individual endorsed 4 of the 5 possible symptoms. The symptoms and his responses follow.

22. Having upsetting thoughts or images about the traumatic event that came into your head when you didn't want them to
   2 to 4 times a week/half the time

23. Having bad dreams or nightmares about the traumatic event
   2 to 4 times a week/half the time

24. Reliving the traumatic event, acting or feeling as if it was happening again
   5 or more times a week/almost always
25. Feeling emotionally upset when you were reminded of the traumatic event (for example, feeling scared, angry, sad, guilty, etc.)
   5 or more times a week/almost always

**Avoidance Symptoms**

*DSM-IV* requires three or more "avoidance" symptoms to be endorsed. The individual endorsed 5 of the 7 possible symptoms. The symptoms and his responses follow.

28. Trying to avoid activities, people, or places that remind you of the traumatic event
   5 or more times a week/almost always

29. Not being able to remember an important part of the traumatic event
   2 to 4 times a week/half the time

31. Feeling distant or cut off from people around you
   2 to 4 times a week/half the time

32. Feeling emotionally numb (for example, being unable to cry or unable to have loving feelings)
   2 to 4 times a week/half the time

33. Feeling as if your future plans or hopes will not come true (for example, you will not have a career, marriage, children, or a long life)
   5 or more times a week/almost always

**Arousal Symptoms**

*DSM-IV* requires two or more "arousal" symptoms to be endorsed. The individual endorsed all of the 5 possible symptoms. The symptoms and his responses follow.

34. Having trouble falling or staying asleep
   2 to 4 times a week/half the time

35. Feeling irritable or having fits of anger
   2 to 4 times a week/half the time

36. Having trouble concentrating (for example, drifting in and out of conversations, losing track of a story on television, forgetting what you read)
   5 or more times a week/almost always

37. Being overly alert (for example, checking to see who is around you, being uncomfortable with your back to a door, etc.)
   2 to 4 times a week/half the time

38. Being jumpy or easily startled (for example, when someone walks up behind you)
   2 to 4 times a week/half the time
SYMPTOM SEVERITY RATING

The Symptom Severity Rating is based on the Symptom Severity Score. This individual's Symptom Severity Score is 33, and his Symptom Severity Rating is Moderate to Severe. (The Moderate to Severe category includes scores from 21 to 35.)

LEVEL OF IMPAIRMENT IN FUNCTIONING

This individual's Level of Impairment in Functioning is Severe. He reported that his PTSD symptoms have interfered with his overall level of functioning in all areas of his life in the past month.

End of Report

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ITEM RESPONSES

1: 1  39: 3
2: 1  40: 1
3: 1  41: 1
4: 1  42: 1
5: 2  43: 1
6: 2  44: 1
7: 2  45: 2
8: 2  46: 1
9: 2  47: 1
10: 2  48: 1
11: 1  49: 1
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13: /
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15: 4
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